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G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.ca Website: www.gmaa.ca

GMAA Ultimate Information

Tournament Date: Thursday, April 3rd, 2025

Coaches Meeting: 8:45am – All coaches must be present

Start Time: 9:00am (final schedule dependent)

Location: Concordia University Dome Loyola Campus 7200 Sherbrooke West, Montreal, Qc H4B 1A4

Schools will be assigned minor official duties during the day (timing and score keeping)

Games: Each team will be guaranteed at least 3 games

Game Time: Games will be either 2 x 15-minute halves with a 2-minute halftime

Overtime: If at the end of regulation time the score is tied, the game will continue until the next point is scored. There's no timeout permitted during the extra time.

Categories offered*: Juvenile Girls - Juvenile Boys – Juvenile Mixed
Bantam Girls - Bantam Boys - Bantam Mixed

*Teams may enter a maximum of 2 teams per category with distinct rosters (no transfers between teams)

Cost: 400\$ per team

Teams: 5 vs 5 Ultimate (teams must have a minimum of 5 players in order to start the game)

Field: Games will be played on half of a soccer/football field cross-ways. Cones will line the sidelines and end lines and indicate the end zones. (Approximately 50yds x 30yds)

Rules: Official 5 vs 5 Federation Quebecoise D'Ultimate rules will be used with GMAA modifications if required.

Registration: Team, Player and coach Registration will be done on S1. Team Registration will be due on Friday, Feb 14th. Player Registration will be due 48 hours before the tournament.