

SPORT. EDUCATION. PRIDE.



G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7

Indoor Track & Field Meet

COMPLEXE SPORTIF CLAUDE-ROBILLARD

COACHES MEETING: 8:30 AM - MEET STARTS: 8:45 AM

There is NO LUNCH BREAK events follow one after the other

Track Order of Events

Track events with all categories are run in order Bantam/Cadet/Juvenile

All Track events are timed finals. (Unless indicated)

EVENT	CATEGORY
2000m	Cadet
3000m	Juvenile
60m hurdle	All
800m	All
60m heats	All
150m	Bantam
200m	Cadet/Juvenile
1200m	Bantam/Cadet
1500m	Juvenile
60m Finals	All
400m	Juvenile
4x200m Relay	All

Long and Triple Jump

EVENT	CATEGORY
Long Jump	Cadet
Triple Jump	Juvenile
Long Jump	Bantam
Triple Jump	Cadet
Long Jump	Juvenile

High Jump and Shot Put

EVENT	9:00am	10:30am	12:00pm
High Jump	Juvenile	Cadet	Bantam
Shot Put	Bantam	Juvenile	Cadet