



GMAA Volleyball Handbook

Section 1: Sports Committee

The Volleyball Sports Committee shall consist of the chairperson of the above sport and all the coaches for that season of the above sport. The chairperson shall call one meeting prior to the opening of the season. A mid or post season meeting may be called at the discretion of the chairperson of the above sport or at the request of 1/3 of the coaches involved in this sport.

Section 2: Team Entry and Classification

2.1) All official team entries must be submitted on S1 by the deadline

2.2) Classification:

Boys or Girls

Bantam, Cadet, or Juvenile

Division 3 (D3), Division 4 – Level 1 (D4.1), or Division 4 – Level 2 (D4.2)

Section 3: Player Registration & Eligibility

3.1) Player Registration is due on S1 prior to the teams' first game.

3.2) Any player who is registered for a team listed on the Volleyball Quebec website under the 'Affiliated Clubs' Section at any time in the previous Volleyball Quebec season would not be eligible for any level of Division 4 GMAA Volleyball in that same calendar year. **Example 1:**

Jane Doe plays for Everton in 1997-1998, Jane is not eligible for GMAA D4 Volleyball in 1998-1999. Example 2: Jan Doe is trying out for Everton in the summer and fall of 1998, Jan is eligible for GMAA D4 Volleyball in 1998-1999.

3.3) Player Eligibility for Semi and Final Matches: All players must participate in a minimum of six (6) regular season matches at a level to qualify to play in semi-final or final matches at the same level.

3.4) For those schools that have more than 1 team at the same level (Bantam, Cadet, Juvenile) but in a different division (D3, D4.1, D4.2) students are permitted to play 'up' for one tournament (same rule as people who play 'up' an age category). D4.2 to D4.1, D4.2 to D3, and D4.1 to D3. As soon as they play their second tournament with the higher division they cannot go back down. Players may not move down in the same age group.

Section 4: Uniform (also refer to Governing Rules – Rule VI, Section 5)

All Uniforms must include common shirt.

Section 5: Scheduling & Starting Time

5.1) The schedule shall be drawn up by the coaches or SAC Reps at a scheduling meeting. Each team is required to have one representative present to do the scheduling (see Governing Rules – Rule VI, Section 6). No scheduling may take place before the meeting begins and no division information will be given out prior to the scheduling meeting.

5.2) League games have priority over any exhibition game and/or tournament.

5.3) Teams should play a minimum of 10 (ten) games and a maximum of twelve (12) games (with a crossover if necessary).

5.4) There must be a minimum of 4 teams in a level in order to draw up a schedule of games for that level, otherwise the level will be eliminated and/or combined with another level.

5.5) The division of teams into sections shall be determined by the number of teams entered, availability of regulation size courts and the geographic location of schools.

5.6) Schools will be permitted to enter more than one team in same category (Juvenile, Cadet, or Bantam.) Schools will also be permitted to enter a maximum of two teams at the same level in the same category. For those schools that have two teams at the same level and in the same Division, there will be no 'transfers' permitted, each team will have a distinct roster.

5.7) Tournaments shall start at a starting time that is agreed upon at the Volleyball Scheduling Meeting. Schools may not arrive earlier than 30mins prior to the scheduled starting time. Most gymnasiums will be available for warm-up 30mins prior to the scheduled starting time. There shall be one (1) minute between games and three (3) minutes between matches.

5.8) Coaches are encouraged not to adjust or alter the schedule for any reason other than a school closure. Changes to the schedule can be made during the (5) five working days after the schedule is posted on the website (www.gmaa.ca), assuming all schools involved agree to that change. Both coaches must notify the GMAA of the change. No changes will be accepted after noon the working day before the scheduled game (except in emergencies). If changes are made after the 5-day grace period, a \$10 charge will be applied to the team requesting the change.

Section 6: Governing Rules & Rule Modifications

6.1) The Official Canadian Volleyball Association and Volleyball Quebec Rules shall be used with the following modifications

6.2) All Host schools are required to provide a regulation size, adequately marked and equipped playing facility for all scheduled competitions. Serving area in the regulation court must have a minimum space of 1.25m behind the line.

6.3) Net Height:

Category	Net Height
Juvenile Boys	2m43
Juvenile Girls	2m24
Cadet Boys	2m35
Cadet Girls	2m24
Bantam Boys	2m24
Bantam Girls	2m15

6.4) Any player whose name appears on the Official Score sheet is considered to have officially participated in that game.

6.5) 5. Libero Rule. The libero is permitted in Cadet and Juvenile Leagues of GMAA Volleyball (Boys and Girls, Cadet and Juvenile). It is at the coaches' discretion to use the libero if they want.

6.6) No team shall be permitted to play any league game unless accompanied by a staff member, (see Rule VI, Section 4 of General Governing Rules for clarification) PENALTY: DEFAULT OF GAME

6.7) Participation Rule: The Volleyball Quebec participation rule will be in effect for all Bantam Divisions and for the lowest level of Division 4 competition offered.

Three levels

D3 – just bantam participation

D4.1 – just bantam participation

D4.2 – all levels participation

Two levels

D3 – just bantam participation

D4 – all levels participation

Participation Procedure: Any player who did not start the first game must start the 2nd game. If one team has fewer than 10 players dressed (8 or 9), the matching rule applies, the team with more players only needs to match the participation of the team with fewer players. I.E if one team has 8 players dressed and the other has 10 the team with 10 only needs to meet participation with 8 of their players.

If both teams have 10 or more players, the matching rule does not apply and all players who did not start the first game, must start the second game. I.E if one team has 10 players dressed and the other has 12 the team with 10 must start the 4 remaining players, and the team with 12 must start the 6 remaining players.

No substitutions allowed until a team reaches 12 points.

Teams not meeting the participation rule shall lose the game by default.

6.8) Service Reception Rule. All serves at all levels may be received with a volley.

6.9) Ball: GMAA teams are permitted to use any regulation size ball, no matter what brand, if both coaches agree. Mikasa balls are permitted.

6.10) Ceiling Rule: If the ball hits the ceiling and/or any suspended object (ex; basketball net) on your side of the net, after your teams first or second hit, the ball can still be played.

If the ball hits the ceiling and goes over the net, the play is over. If goes over the net and hits the ceiling the play is also over.

6.11) Bantam Specific 5 Consecutive Points Rule – Each team can only score a maximum of 5 consecutive points, (at which time possession is lost and the serve is given to the opposing team).

Section 7: Regular Season Games

7.1) Number of Players: A team is considered to be eight (8) players. These players must be dressed and ready to play at the scheduled starting time.

7.2) Individual Players (i.e. players' names and dates of birth) must be registered on S1 prior to the first regular season game.

7.3) Scoring

a) There will be a maximum of 3 matches per tournament scheduled for each school/tournament.

b) There shall be two games per match. Three points are awarded for each game won and one for each tie.

Section 8: Championships & Playoffs (see Rule XI Secondary Governing Rules)

8.1) Qualifying games and semi-finals: There shall be one date and venue for all playoff games (except the Division 3 championship final) for each category.

8.2) All playoff matches, including the championship game will be the best 2 out of 3 games.

Section 9: Duties of Home School & Visiting Schools

9.1) Home team responsibilities

- a) The home team shall supply a trained official scorer, game ball, scoresheets and visible score cards
- b) The official scoresheet must be printed off S1 by the HOME COACH (listing both teams) and given to the referee before the game starts.
- c) The home team must upload the results and scoresheet to S1 the night of the match.
- d) Provide table and chairs for scorer and benches for players.
- e) Provide lockers for visiting team.
- f) Provide changing facilities for officials.
- g) Arrange for staff to control spectators.

9.2) Visiting team responsibilities

- a) Visiting teams must be supervised from the time they arrive to the time they leave the school.
- b) All game sheets are to be signed by both staff members and the referee at the end of the game

Section 10: Discipline of Players

10.1) The ejection of any player from a game will result in a suspension of that player from at least two following tournaments. It is the coaches' responsibility to keep that student out for the next two tournaments until an official letter is sent to the school outlining the details of the suspension.

Section 11: Provincials

The team winning the GMAA volleyball championship, providing all members of the team are eligible will represent GMAA at the school provincial championships without being challenged. If the first-place team is unable to attend, the second-place team can attend in their place. If the second-place team cannot attend, the GMAA will not send a team at that level.

Section 11: All Star

For the Juvenile Girls and Boys, the GMAA will try to organize an All-Star game annually.

August 2024