



G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.ca Website: www.gmaa.ca

Provincial Indoor Track and Field Information Sheet

*****No SPECTATORS are allowed at the event. Due to construction, the capacity of the venue is limited to participants only for Provincials******

Date of Meet: Saturday, April 12th, 2025

Location: Centre Claude-Robillard de Montréal

Chaperones: We will need a GMAA school staff member who is willing to chaperone the team. **Please let the office know if you are willing to go.**

How to Register Students: 2 athletes from the GMAA Championship Meet in each event are eligible to attend the provincials. An athlete can participate in a maximum of 3 events, so 3rd, 4th etc. may be eligible. If you have students that finished in the top 4 of an event at the GMAA meet and who are interested in attending the Provincial, please have them fill out the “Provincial Permission Form” found on the GMAA website and e-mail it to the office.

Entry Deadline: Monday, March 17th, 2025 at 4:00pm.

Confirmed Team: A team confirmation will be sent out the week of March 24th by email.

Cost: You will be informed of the costs per student once it is confirmed, however, registration for Indoor Track and Field will be approximately \$100 per student. This includes the entry fee (50\$), a box lunch (20\$) on Saturday and an official GMAA singlet(25\$) and the chaperone fees.

Travel and Location: The students will be required to arrive on their own at Centre Claude-Robillard de Montréal Registration starts at 7:30 the day of the meet. Exact times and an event schedule will be sent to the schools once they are confirmed.

Questions? If you have any questions, please contact the GMAA office, 514-482-8555 or alexandra@gmaa.ca

Attached to this information sheet:

- 1) Ages for Provincials
- 2) Maximum entries per person (not the same as GMAA)
- 3) List of Events offered

Age Categories: Juvenile:2006*-2007-2008-2009 (*born after June 30th)



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Cadet: 2010 - 2011

Bantam: 2012- 2013

Entries : A maximum of 3 individual events is permitted

2 Track events and 1 Field event

OR

1 Track event and 2 Field events

Relay teams will be made the day of the competition from the athletes entered.

ÉPREUVES D'ATHLÉTISME EN SALLE*

	Bantam	Cadet	Juvenile
1	60 m	60 m	60 m
2	60 m haies F & M : 30"	60 m haies F : 30" / M : 33"	60 m haies F : 30" / M : 36"
3	150 m	200 m	200 m
4	800 m	800 m	800 m
5	1200 m	1200 m	1500 m
6	longueur	longueur	longueur
7	hauteur	hauteur	hauteur
8	Poids (F = 2 kg / H = 3 kg)	Poids (F = 3 kg / H = 4 kg)	Poids* (F = 3 kg / H = 5 kg)
9	relais 4 X 60 m navette	relais 4 X 200 m	relais 4 X 200 m